

CONNECT

LEAD

Healdsburg

Companion
Activity Menu

PARTNER

HOSPITALITY SUITE

Location: Guest House, #520

TUESDAY

Hours: 7:00 a.m. – 4:00 p.m., all day beverages and light snacks

7:00 a.m. – 9:00 a.m. – Continental breakfast

- Coffee, tea, water juices and mimosas
- Assorted pastries
- Fresh fruit
- Yogurt Parfaits with handmade granola
- Hard boiled eggs

8:00 a.m. – 9 a.m. – Yoga on the Terrace

- Take in the beautiful views of the vineyards and Montage grounds as you have mindful yoga experience

10:30 a.m. – 11:30 a.m. – Olive Oil Class

- Enjoy a curated selection of Trattore Farms olive oils and vinegars. All oils are milled on our estate and produced under the direction of Mary Louise Bucher, Master Miller, and owner of Trattore Farms

11:30 a.m. – 1:00 p.m. – Light lunch

- Assorted Finger Sandwiches
- Garden Crudites with Dips
- Chips and Dip

2:30 p.m. – 3:45 p.m. – Wine Tasting

- Enjoy a private tasting with a Montage sommelier showcase their private label wines paired with fruit and cheese.

LEAD CONNECT PARTNER

WEDNESDAY

Hours: 7:00 a.m. – 2:00 p.m., all day beverages and light snacks

7:00 a.m. – 9:00 a.m. – Continental Breakfast

- Coffee, tea, water, juices and mimosas
- Avocado Toast Bar
- Fresh fruit
- Mini smoothies
- Hard boiled eggs

8:00 a.m. – 9:00 a.m. – Yoga on the Terrace

- Take in the beautiful views of the vineyards and Montage grounds as you have mindful yoga experience

11:30 a.m. – 1:00 p.m. – Light lunch

- Assorted Finger Sandwiches
- Garden Crudites with Dips
- House-Made Tortilla Chips and Salsa

THURSDAY

7:00 a.m. – 9:00 a.m. – Continental Breakfast

- Coffee, tea, water, juices and mimosas

OPTIONAL ACTIVITIES:

Spa Montage (choose your day and time, be aware if what you are selecting a time that overlaps with another activity on the agenda)

Elevated 20 feet above the grapevines, Spa Montage Healdsburg is a secluded sanctuary designed to embrace guests with a luxury spa experience, reflecting the natural serenity of Sonoma and Napa wine country through treatments and wellness remedies inspired by the land.

LEAD CONNECT PARTNER

Choose your 60-minute treatment (therapist gratuity is included):

Sonoma Blend Massage – Whether suffering from work-induced stress, specific aches and pains or seeking new ways to unwind, our highly trained massage therapists will customize your experience with the level of pressure best suited to provide you relaxation and relief. In this signature Montage Healdsburg Massage, enjoy the rich benefits of our locally sourced, cold decanted olive oil paired with your selection of aromatic orchard alchemy of Verde, Bohemian Rose or Lavender.

Montage Signature Facial – This treatment is ideal to counteract the impacts of stress, pollution and the high demands of modern life that progressively mark the skin. By returning oxygen and nutrients to the dermis, your complexion will become bright and fresh. Wrinkles and fine lines diminish, leaving skin that is radiant and well rested.

Green Earth Body Polish – Capturing the scent of spring, with fresh cut grass and newly emerging leaves, this body scrub is light and refreshing. California Pacific Sea Salt and antioxidant rich extracts refine and soften the skin before a deeply quenching hydration of olive oil buttercream.

Manicure/Pedicure Combination – Salon uses Dazzle Dry, which is a clean and safe nail product. It is hypoallergenic, free from reactive ingredients, animal by-products and animal testing. Dries in five minutes.

Choose your preferred day:

- Tuesday
- Wednesday
- Thursday (morning only)

Choose your preferred time range:

- 10:00 a.m. – 12:00 p.m.
- 12:00 p.m. – 2:00 p.m.
- 2:00 p.m. – 4:00 p.m.

Choose therapist preference:

- Male
- Female

LEAD CONNECT PARTNER

TUESDAY

10:00 a.m. – 2:00 p.m. – Lunch & Shopping in Healdsburg
(select to reserve a spot)

- Nestled along the Russian River in the heart of Sonoma Wine Country, Healdsburg (pop. 11,254) combines small-town charm (the most charming according to Condé Nast Traveler, to be precise) and stunning vistas with award-winning vintages and incredible food. Centered around a charming town plaza lined with shops, restaurants, tasting rooms, galleries, and bars, Healdsburg is a wine and culinary epicenter.
- Take your time to visit the boutiques and various curators at your leisure
- 11:30 p.m. – 1:00 p.m. – Lunch (location TBD)

WEDNESDAY

12:30 p.m. – 2:00 p.m. – A Bee's Journey (select to reserve a spot)

- With four thriving hives and a natural log nest nestled within our resort's landscape, it's simple to discover the fascinating world of bees. Apiarist Candice Koseba leads a safe and engaging experience, where she reveals the mysteries of honeybees through the art of beelining, the practice of following a honeybee back to its nest to locate the bee colony. In this journey, you will assist Candice in the secure capture, marking and study of these intricate insects.

RECREATION TIME

Up to two hours of complimentary play offered by Montage Healdsburg.

(Reservations accepted for play day of or following day only)

- Bike Rental
- Pickle-ball court and equipment

